Energise your life with a career in fitness

Helping people achieve their personal goals and improve their health is just one of the rewarding parts of a career in the fitness industry, with few careers offering such a high level of work-satisfaction. In our Diploma of Sports Development – Fitness, you’ll learn all there is to know about achieving peak physical fitness, nutrition, sports psychology, weight management, injury and rehabilitation, exercise science, as well as management skills. This is the perfect qualification for those wishing to become personal trainers, strength and conditioning coaches.

...more online

LOCATION/S
South Bank

DURATION
Full time: 12 months / 4 days per week

Entry requirements
This qualification has no formal entry criteria; however, TAFE Queensland Brisbane has ...
...more online

Resources required
No specific resources are required to successfully complete this course.
It is recommended that students have ...
...more online

Got a question?
Enquire about your full fee study options

Accurate as at 19 October 2017. For the latest information see:
tafebrisbane.edu.au/course/17581

RTO 0275
CRICOS 03020E
Outcome

SIS50612 Diploma of Sport Development

Job prospects
- Development Officer/Manager of a sport, Recreation and/or fitness centre.
- Program or Project Administrator
- Sports Coach
- Sports Coaches, Instructors And Officials

Units

The successful achievement of this qualification requires you to complete all core and 9 elective units from the list below. Electives may differ between TAFE Queensland locations and regions.

**Stage 1**
- **SISFFIT021** Instruct personal training programs
- **SISFFIT018** Promote functional movement capacity
- **SISFFIT031** Implement injury prevention strategies
- **SISFFIT017** Instruct long-term exercise programs
- **SISXWH5402** Implement and monitor work health and safety policies
- **SISXR5K502A** Manage organisational risks
- **SISSCO307** Provide nutrition information to athletes
- **SISSCO306** Provide drugs in sport information
- **SISEXND406A** Manage projects
- **BSBADM502B** Manage meetings
- **SISSCO308** Support athletes to adopt principles of sports psychology

**Stage 2**
- **SISFFIT012** Instruct movement programs to children aged 5 to 12 years
- **BBBSMB403** Market the small business
- **BBBSMB404** Undertake small business planning
- **SISFFIT019** Incorporate exercise science principles into fitness programming
- **SISSSTC402A** Develop strength and conditioning programs
- **ICAICT308A** Use advanced features of computer applications
- **SISEXCAI306A** Facilitate groups
- **SISSCCS403A** Determine needs of client populations

ARE YOU READY TO TAKE THE NEXT STEP ON YOUR PATH TO GREAT?

Enrol today to secure your spot in this course.

**HOW TO ENROL**

You're ready if you have:
- checked your important dates (under the course details tab)
- checked you meet the entry requirements (under the course details tab)
- checked your course costs and know which payment option is right for you (under the costs tab)
- Read the Student Rules and Withdrawals and Refund Policy
- Created your Unique Student Identifier and can provide this to TAFE Queensland.

All done? You're ready to enrol

Apply through QTAC

Making TAFE one of your top QTAC preferences is a great way to maximise your career choices and gain the hands-on skills you need to operate in the real world.

We offer hundreds of pathways to university, including dual awards, credit arrangements with some of the country’s top universities, and options to increase your OP so you can gain entrance to the tertiary course of your dreams.

More about applying through QTAC

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RTO 0275
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Promote compliance with laws and legal principles

Core

Disclaimer

Not all electives available at all campuses

Recognition of prior learning

Fast-track your way to a formal qualification by earning credit for the things you already know. Getting recognition for the skills you’ve gained from the workplace or previous learning means less study time for you, and getting the paper to prove you’re qualified a whole lot sooner.

Make your future happen

Connect with TAFE on Facebook