

SIS50612

## Diploma of Sport Development

FITNESS



HELLO THERE, OUR DREAM IS TO HELP YOU **MAKE GREAT HAPPEN**



Industry endorsed



Payment options



Student satisfaction



\$10000 VET Student Loan available

OVERVIEW

### Energise your life with a career in fitness

Helping people achieve their personal goals and improve their health is just one of the rewarding parts of a career in the fitness industry, with few careers offering such a high level of work-satisfaction. In our Diploma of Sports Development – Fitness, you'll learn all there is to know about achieving peak physical fitness, nutrition, sports psychology, weight management, injury and rehabilitation, exercise science, as well as management skills. This is the perfect qualification for those wishing to become personal trainers, strength and conditioning coaches

[...more online](#)



### LOCATION/S

South Bank



### DURATION

Full time: 12 months / 4 days per week

COURSE DETAILS

### Course delivery options

WORKLOAD	LOCATION	DELIVERY
Full time 4 days per week	South Bank	Classroom

### Key dates

For key start dates for each location visit the online brochure for this course (under the course details tab).

[tafebrisbane.edu.au/course/17581](http://tafebrisbane.edu.au/course/17581)

### Entry requirements

This qualification has no formal entry criteria; however, TAFE Queensland Brisbane has [...more online](#)

### Important Information

Students are encouraged to consider [...more online](#)

### Resources required

No specific resources are required to successfully complete this course.

It is recommended that students have [...more online](#)

COSTS

### What are my payment options

No matter what your circumstances, TAFE Queensland Brisbane has a payment option to suit you. If you are unsure of what's right for you, call us on 1300 712 007. We're here to help.

Did you know you can also pursue work as personal trainers if you enrol into additional units from SIS40215 Certificate IV in Fitness? The extra units are at an additional cost of \$1000 and

[...more online](#)



FULL FEE | \$10,000

This is the total cost of the course.

### Got a question?

[Enquire about your full fee study options](#)

Accurate as at 20 June 2017. For the latest information see:  
[tafebrisbane.edu.au/course/17581](http://tafebrisbane.edu.au/course/17581)

RTO 0275  
CRICOS 03020E





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RTO 0275  
CRICOS 03020E



## Outcome

SIS50612 Diploma of Sport Development

### Job prospects

- Development Officer/Manager of a sport, Recreation and/or fitness centre.
- Program or Project Administrator
- Sports Coach
- Sports Coaches, Instructors And Officials

## Units

The successful achievement of this qualification requires you to complete all core and 9 elective units from the list below. Electives may differ between TAFE Queensland locations and regions.

### Stage 1

<b>SISFFIT021</b>	Instruct personal training programs	Elective
<b>SISFFIT018</b>	Promote functional movement capacity	Elective
<b>SISFFIT031</b>	Implement injury prevention strategies	Elective
<b>SISFFIT017</b>	Instruct long-term exercise programs	Elective
<b>SISXWHS402</b>	Implement and monitor work health and safety policies	Core
<b>SISXRSK502A</b>	Manage organisational risks	Core
<b>SISSSCO307</b>	Provide nutrition information to athletes	Core
<b>SISSSCO306</b>	Provide drugs in sport information	Core
<b>SISXIND406A</b>	Manage projects	Core
<b>BSBADM502B</b>	Manage meetings	Core
<b>SISSSCO308</b>	Support athletes to adopt principles of sports psychology	Core

### Stage 2

<b>SISFFIT012</b>	Instruct movement programs to children aged 5 to 12 years	Elective
<b>BSBSMB403</b>	Market the small business	Elective
<b>BSBSMB404</b>	Undertake small business planning	Elective
<b>SISFFIT019</b>	Incorporate exercise science principles into fitness programming	Elective
<b>SISSTC402A</b>	Develop strength and conditioning programs	Elective
<b>ICAICT308A</b>	Use advanced features of computer applications	Core
<b>SISXCAI306A</b>	Facilitate groups	Core
<b>SISXCCS403A</b>	Determine needs of client populations	Core
<b>SISXIND404A</b>	Promote compliance with laws and legal principles	Core

### Disclaimer

Not all electives available at all campuses

## ARE YOU READY TO TAKE THE NEXT STEP ON YOUR PATH TO GREAT?

**Enrol today to secure your spot in this course.**

### HOW TO ENROL

#### Enrol now

#### You're ready if you have:

- checked your important dates (under the course details tab)
- checked you meet the entry requirements (under the course details tab)
- checked your course costs and know which payment option is right for you (under the costs tab)
- Read the [Student Rules](#) and [Withdrawals and Refund Policy](#)
- Created your [Unique Student Identifier](#) and can provide this to TAFE Queensland.

#### All done? You're ready to enrol

### Apply through QTAC

Making TAFE one of your top QTAC preferences is a great way to maximise your career choices and gain the hands-on skills you need to operate in the real world.

We offer hundreds of pathways to university, including dual awards, credit arrangements with some of the country's top universities, and options to increase your OP so you can gain entrance to the tertiary course of your dreams.

#### [More about applying through QTAC](#)

### Recognition of prior learning

Fast-track your way to a formal qualification by earning credit for the things you already know. Getting recognition for the skills you've gained from the workplace or previous learning means less study time for you, and getting the paper to prove you're qualified a whole lot sooner.

### Make your future happen

