

External Emergency Contacts

Support Organisations

In case of emergency, ring 000

Lifeline Telephone Counselling	13 11 14
beyondblue	1300 22 4636
Sexual Assault Line (DV Connect)	1800 010 120
Domestic Violence Hotline (DV Connect)	1800 811 811
Brisbane Mental Health Crisis Services	1300 64 22 55

Online Counselling

headspace.org.au

Online and telephone service for young people and their families going through a tough time.
Ages 12-25
9am - 1am

lifeline.org.au

Phone 13 11 44

Lifeline Crisis Chat is an online web-counselling service providing short-term support for people who are feeling overwhelmed and having difficulty coping or staying safe.

Ages 15+

8pm – 4am

kidshelpline.com.au

Phone 1800 55 1800

24/7 online counselling and phone counselling service run by Kids Helpline

Ages 5-25

13 72 48
tafebrisbane.edu.au

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tafe
Brisbane